



**WARREN ROAD
TRAINING ACADEMY**



Social Eyes | A Vision for Inclusion

www.socialeyes.uk.com

Uncovering the Mask – Understanding Masking and ASC

Course Overview:

For ECT's and experienced staff across the entire age range. This half day course will provide a sound introduction into understanding the nature of Masking. There is much debate in the media, society, schools and families around Masking. Whilst understanding and research is developing there are also many myths which impact on whether and how Masking is seen especially but not solely in girls on the Autistic Spectrum. By its' very nature how do we know if a child is Masking their Authentic Self to belong or fit in? Is Masking entirely negative or are there positives and skills to be developed? What impact can long term Masking have on identity and mental health? How can we support belonging and families who fear their child is being misunderstood?

Course Content:

- What is Masking and is it entirely and neurodivergent trait?
- Why are neurodivergent children and especially ASC girls more likely to Mask?
- What potential signs are there that a child is significantly Masking and what are the likely reasons
- What impact can Masking potentially have?
- How do we work with families and staff to help children to grow into their Authentic selves?

About Paul Cabb:

Paul has over 30 years of experience in education. Beginning his career as a primary school teacher, he was part of SLT's and ran social/life skills interventions. A passion for SEND saw Paul complete a Master's degree in education at the Central School of Speech of Drama as well as further post-graduate study into Autism and neurodiversity. Following twelve years as Social Communication Difficulties outreach advisor across primary, secondary, and specialist provisions for Bromley LEA, Paul set up an independent advisory service. His service: Social Eyes, provides individual pupil/student caseload strategy/ intervention advice, CPD training, voluntary services forums and family workshops in Bromley, Lewisham, Croydon, and Greenwich.

Facilitator: Paul Cabb

Course Cost: £50 per delegate

Venue: Warren Road Primary School
Warren Road Orpington,
Kent BR6 6JF

Date/Time: 13th November 2025
9:15 am – 12:30 pm

To book, please ring 01689 853798 or visit www.wrta.uk/courses

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